

Glenvar Community Action Team

Who Are We and What Do We Do?

- Community members (primarily students)
- Help teens make good choices
- Work to education students and parents to issues in our community (and schools)
- Come up with solutions to those problem
- Work to improve our community

How Parents Can Help Their Students Be Prepared

- Get (or stay) involved in your child's life
- Be parents, not friends
- Be role models, lead by example, they are still your little mocking birds
- Know your child's friends and their parents
- Know where they are, who they are with and what they are doing
- Talk to your child, it's easier now rather than later

What You Need To Know

- Not EVERYONE is doing it or has it!
- Just because they want it, you don't have to give it to them!
- Make rules and guidelines and stick to them!

Human Sculpture

- AUDIENCE
PARTICIPATION
REQUIRED

Relationships

- Merging schools
- Cliques start
- Join clubs that use energy in a positive way
- What is a friend:
 - Friends might have new friends, but won't make you change who you are or pressure you into bad decisions

Safety and Technology

- Cell Phones
 - Inappropriate pictures being shared
 - You don't have to be the sender to get in trouble
 - Elementary and Middle School students are getting involved
 - If you are caught with images on your phone (or computer) of a minor it is a class 5 felony regardless of your age

Proposed Cell Phone Rules

- It's ok to block services that your child doesn't need or isn't ready for
- Turn off picture send and receive (they can still take pictures)
- Sign up for an use parental controls on phones (block times of use and numbers)
- Use track phones or Firefly instead of a full service cell phone

MySpace & Facebook

- MySpace was set up for High School Students
- Facebook was set up for College Students
- These were not intended for Middle School or Elementary School Students and there is no added protection for them
- It is ok to say no to social networking, not everyone has it

Proposed Social Networking Rules

(if you must let them)

- You need to have their passwords
- You need to be their friend or have an older sibling be their friend
- Set ground rules before they get on
- Make sure their don't have pictures of school or references to what schools they go to or last names
- Review friends list and make sure they know everyone on their friends list

Rules continued...

- Monitor Instant Messaging conversations, you never know who you are talking to
- Use privacy setting for photo sharing (every time)
- Use privacy settings for your account (this isn't fool proof)
- Use correct age (there is some contact protection for under 18 users)
- Look at these samples

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Today on MySpace

Wednesday, Nov 11, 2009

- Featured
- Videos
- Music
- Celebrity Updates

The MySpace Music Feed

Congrats to Carrie Underwood for having the number one record in the country! Check out her interview on The MySpace Music Feed.

- Zshatwa Download
- Game Single
- Honor Society Video
- Music Videos
- Featured Playlists



Log In

Sign Up!

Email:

Password:

Remember Me

Log In

Forgot your password?

Find Your Friends on MySpace

Find or browse members:

General Privacy:

Online Now: Show people when I am online

Birthday: Show my birthday to my friends

Profile Viewable By:
 Everyone
 Everyone under 18
 My friends only

Comments: Choose who can view your comments page.
 Anyone can view my comments page
 Anyone under 18 can view my comments page
 Only my friends can view my comments page

Friends: Choose who can view your friends page. Mutual friends are always public.
 Anyone can view my friends page
 Anyone under 18 can view my friends page
 Only my friends can view my friends page

Photos: Choose who can view your photos page. Set album level privacy in photos.
 Anyone can view my Photos page
 Anyone under 18 can view my Photos page
 Only my friends can view my Photos page
 Allow my photos to be shared/emailed

Status and Mood: Choose who can view your Status and Mood page.
 Anyone can view my Status & Mood page
 Anyone under 18 can view my Status & Mood page
 Only my friends can view my Status & Mood page

Block Users By Age: Allow user over 18 to contact me

Block Users: Block individual users by clicking "Block User" on their profile.
[\[View list\]](#)



Contact Information

Display Name:

Help your friends find you. Enter your real name and any former names they may know you by (e.g., maiden name).

First Name:

Last Name:

Show my full name wherever my name and photo appear on MySpace.

Please do not check this box unless you are using your REAL full name: This feature is intended to make it easier for your real friends to find you on MySpace. You

View Myspace Private Profile

View private images on people's Myspace profiles!

What does viewing a private Myspace profile do?

Have you ever wanted to **view someone's private Myspace profile**? Maybe a friend, celebrity, or a girl friend. This site takes advantage of a bug in Myspace that allows you to do just that. You can see their **private images**, and what text they wrote on their blog.

Ready to get started? All you have to do is follow the simple instructions below!

This site will work best when using the Firefox web browser.



Refusal Skills (you have to know how to say no)

- When you are in a situation you need to get out of use these 5 simple steps:
 - 1) Ask questions (know where you are going and why you are going there)
 - 2) Name the trouble (say what is wrong with the plan)
 - 3) Identify the consequences (If I do this then this is what will happen)
 - 4) Suggest an alternative (what's something else you could do together)
 - 5) Move it, sell it, and leave but leave the door open (get yourself out of the situation but let your friends know if they change their minds you'll be around)

Choices Vs. Decisions



Why We Don't



You're Not On Your Own

- Guiding Good Choices programs can come to your school to work on things like refusal skills
- Internet and computer training 101 for parents is available
- A SAP (Student Assistance Program) Coordinator is at the Middle School and High School to help with non-punitive assistance if your student gets in trouble

Ask the Experts

- They live it everyday. Parents and students feel free to ask any questions you would like, they will answer you honestly.
- Thank you for caring enough to be here tonight

For more information:

- Go to www.preventioncouncil4youth.org
- Or, join us at our next meeting December 15th at 11:30 AM in the Forum at the Middle School